

Cookie Policy

Dr Lelanie Smook Psychological Therapies

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Our Approach to Cookies and Accessibility

Dr Lelanie Smook Psychological Services is committed to making this website **accessible, clear, and easy to use for everyone**, including people who use assistive technologies.

We aim to use **the minimum number of cookies necessary** to ensure the website works properly and securely, while avoiding unnecessary tracking or complexity.

What Cookies Are

Cookies are small text files stored on your device when you visit a website. They help the site function correctly, for example by allowing pages to load properly or enabling secure form submission. [\[dr-lelanie...ices.co.uk\]](http://dr-lelanie-smook-psychological-therapies.co.uk)

Cookies Used on This Website

This website uses **only essential cookies**.

These cookies:

- Are strictly necessary for the website to function
- Support basic site navigation and security
- Allow contact forms to work correctly
- Do **not** track you across websites
- Do **not** collect information for marketing or advertising

Accessibility and Use of Cookies

The cookies used on this website:

- Do not interfere with screen readers or assistive technology
- Do not limit your ability to zoom, navigate by keyboard, or adjust contrast

- Do not rely on motion, colour alone, or time-limited interaction

We aim to ensure that essential website functions supported by cookies remain accessible to all users.

Third-Party Cookies and Accessibility

At present, this website uses

- Google Analytics set up that any IP address is anonymised and Google is not permitted to use data for any other service. No traceable data is processed.
- A function cookie to verify the ownership of the website. This does not affect any website visitor's privacy.

The website **does not use third-party cookies**, such as

- Social media tracking
- Advertising or marketing cookies

If this changes in the future:

- An **accessible cookie consent banner** will be introduced
- Clear information will be provided in plain English
- You will be able to make informed choices about cookie use

Managing Cookies

You can control cookies through your web browser settings, including:

- Viewing stored cookies
- Deleting cookies
- Blocking cookies entirely
- Allowing cookies
- Clearing cookies when you close your browser
- Open an incognito session on a private browser
- Install add-ons and plugins that extend your browser's functionality.

Please visit <https://ico.org.uk/for-the-public/online/cookies/> for further details.

Please note that disabling essential cookies may affect how the website works or displays.

Browser accessibility settings (such as zoom, contrast, or screen readers) will continue to function regardless of cookie settings.

Changes to This Cookie Policy

Dr Lelanie Smook Psychological Therapies ICO registration reference: ZA 302377

This policy may be updated to reflect:

- Changes to website functionality
- Updates to accessibility standards
- Changes in data protection guidance

The most current version will always be available on this website.

Contact

If you experience any difficulty accessing information on this website or have questions about cookies:

Dr Lelanie Smook Psychological Services

Please use the website contact form for assistance.

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